

CLASS / PROGRAM DESCRIPTIONS

Dance Performance Program

- Pearl** Classes for students who are new to dance (0-2 yrs. experience)
- Gold** Classes for students for novice dancers (0-3 yrs. experience)
- Ruby** Starting classes for students 5-7 [9+ for Lyrical] with 0-2 years of dance experience. This is where all our young students will enter into our dance performance program. Ballet recommended. Note: 9+ for Ruby Lyrical
- Opal** Classes for dancers with a minimum of 1-3 years of experience. **Dancers must have completed Pearl or Ruby**
- Royal** Classes for dancers with a minimum of 2-4 years of experience. **Dancers must have completed Opal**
- Emerald** Classes for dancers with a minimum of 3-5 years of experience **Must have completed Royal (or Gold at teachers approval)**
- Sapphire:** Classes for students with a minimum of 4-6 years of dance. **Must have completed Emerald**
- Turquoise** Classes for students with a minimum of 5-7 years of dance. **Must have completed Sapphire**
- Diamond** Classes for students who have completed at minimum 6+ years of dance.

All subject to teacher approval.

Competitive Dance Classes (by recommendation or audition only)

For the serious and committed dance student. Our competitive classes will participate in approximately 3 dance competitions around the Lower Mainland. In order to register in a competitive dance class students are required to be enrolled in the regular dance class of the same style (if offered). Students enrolled in a competition class must not miss any classes for other activities. **All competition students are required to order the Lindbjerg Yoga Wear Package. It is mandatory for students to wear their Lindbjerg Yoga Uniform to all competitions.**

- Students who are 12+ years who want to compete in jazz, lyrical or contemporary MUST take a Ballet Syllabus class (2 classes per week).
- Students who are 12+ years who want to compete ONLY in Hip Hop or Tap MUST take, at minimum, a Ballet Tech Class.
- Students under 12 who want to compete in jazz, lyrical, contemporary, tap or hip hop must take either a Ballet Syllabus or a Ballet Tech Class.
- Students may not be absent for any competitions OR the final two rehearsals before competition (otherwise they risk being pulled from the piece).

Broadway MiniStars (5-7 yrs. – Grades K-2)

Introduce your 5-7 yr. old to a mini-musical. Students should be showing a readiness to take direction, memorize and recite lines, plus partake in a 40 min show. Students may not miss any rehearsals or shows during production week. This class also performs in both our Simply Christmas and Year-End Recitals.

Students registered in Broadway MiniStars are recommended to take a Lindbjerg dance class

Broadway All-Stars (8-13yrs. – Grades 3-8)

Beginner or intermediate who wants a "fun focused" class. This class teaches the basics of singing, dancing, and acting plus performing in a musical. Students may not miss any rehearsals or shows during production week. This class also performs in both our Simply Christmas and Year-End Recitals.

Students registered in Broadway All-Stars are recommended to take a Lindbjerg dance class

Broadway Youngstars (8-9 yrs. – Grades 3 & 4)

A class for the excelling youngster. Students should be showing a readiness to take direction, memorize and recite lines. Students may not miss any rehearsals or shows during production week. This class also performs in both our Simply Christmas and Year-End Recitals.

Students registered in Broadway Youngstars are required to take a Lindbjerg dance class.

Broadway Youngstars Advanced (10-11 yrs. – Grades 5 & 6)

A more focused class for the experienced young performer who are looking to take their skills to the next level. Strong commitment is required. Students may not miss any rehearsals or shows during production week. This class also performs in both our Simply Christmas and Year-End Recitals.

Students registered in Broadway Youngstars Advanced are required to take a Lindbjerg dance class.

Broadway Shining Stars (12-14 yrs. – Grades 7-9)

This class is for the keen youngster ready to perform at the upper level in a musical. Strong commitment is required. School performances will require students to miss 1 day of school. Students may not miss any rehearsals or shows during production week. This class also performs in both our Simply Christmas and Year-End Recitals.

Students registered in Broadway Shining Stars are required to take a Lindbjerg dance class.

Broadway Rising Stars (12-14 yrs. – Grades 7-9)

This class is for the keen youngster ready to perform at the upper level in a musical. Strong commitment is required. School performances will require students to miss 1 day of school. Students may not miss any rehearsals or shows during production week. This class also performs in both our Simply Christmas and Year-End Recitals.

Students registered in Broadway Rising Stars are required to take a Lindbjerg dance class.

Broadway Rising Stars Advanced (15-19 yrs. – Grades 10-12)

This class is for the highly committed teen who is ready to perform at the highest level in a full scale musical. Strong commitment is required. School performances may require students to miss 1 day of school. Students may not miss any rehearsals or shows during production week. This class also performs in both our Simply Christmas and Year-End Recitals.

Students registered in Broadway Rising Stars Advanced are required to take a Lindbjerg dance class.

Students registered in RSA will be required to attend rehearsals on Sunday evenings during the months of February, March and April.

Intro Acro – (7-11yrs. & 12+ yrs.)

Introductory level class that will build acro skills and knowledge of the basics. Learn the basics or work on advancing your skills in this flexible Acro class! Acro is not the typical tumbling or gymnastics class. Our experienced acro instructor will guide the class towards increased flexibility, balance, strength, muscle control, discipline and concentration. This class will focus on fundamental acrobatic technique.

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Lindbjerg Academy Show Choir - (10–19 yrs. by recommendation or audition)

For the serious and committed performer who really wants to strut their stuff. The award winning Lindbjerg Academy Show Choir is the go to class at the Lindbjerg Academy for performance opportunities around the Lower Mainland. Fresh takes on new and old songs, community performance and competitions are all in store for the Show Choir. This class will also be working towards competing in the Canadian National Show Choir Championships in the next few years. This class also performs in both our Simply Christmas and Year-End Recitals. *This class has a very high commitment requirement.*

Students registered in Show Choir students are required to take a Lindbjerg jazz class.

All Show Choir students will be required to purchase their costume and a Lindbjerg yoga uniform.

Students in Show Choir are required to participate in our Spring Break trip to Disneyland.

Glee Choir (7 – 19 yrs.) – Do you love to sing, dance, and have a good time? Then this is the class for you. Inspired by the Hit TV show "Glee" this class will offer a wonderful chance to work on your rehearsal and performance technique while singing and dancing to some of your favorite songs. This class will participate in the Kiwanis Music Festival. This class is a great way to develop skills for Show Choir. Glee performs in both our Simply Christmas and Year-End Recitals. *Students registered in Glee are encouraged to take a Lindbjerg jazz class.*

All Glee students will be required to purchase their costume and a Lindbjerg yoga uniform.

Students in Glee are required to participate in our Spring Break trip to Disneyland.

Musical Theatre Competition Class - (10–19 yrs. by recommendation) – This class is for the high-level musical theatre student who is interested in competing in a musical theatre production number. Our Musical Theatre Competition Class will perform in our Competition Preview Show in early 2020. Students enrolled in a competition class must not miss any classes for other activities. *All Musical Theatre Competitive students are required to order the Lindbjerg Yoga Wear Package. It is mandatory for students to wear their Lindbjerg Yoga Uniform to all competitions and public events that the studio participates in.*

Students registered in the Musical Theatre Competition Class are required to take a Lindbjerg Jazz class as well as a musical theatre class. They are also encouraged to take a ballet class.

Kinderdance (3-5 yrs.) – A wonderful introduction to the world of dance. This program is a comprehensive early childhood dance syllabus that is based on children's physical, emotional and cognitive development. It encourages creativity, self-expression and fundamental movement skills. This class performs in both our Simply Christmas and Year-End Recitals.

Primary Ballet (6 yrs.) - This level offers an introduction to the National Ballet Syllabus and upon the teacher's discretion students may be entered into a short formal examination conducted by the teacher and CDTA examiner. This class performs in both our Simply Christmas and Year-End Recitals..

National Ballet – The foundation for all dance forms. Improve strength, poise, balance, and control. Technical skill gained through the study of ballet is necessary for all other forms of dance. Dancers will study the discipline of ballet through the National Ballet Syllabus. Upon agreement between student and teacher formal examinations will be conducted by an CDTA examiner. All of our National Ballet classes perform in both our Simply Christmas and Year-End Recitals.

Pre-pointe (by recommendation or audition) - Pre-pointe classes are offered to ballet students who are not yet on pointe to further develop and strengthen the muscles necessary to go on pointe.

Open Ballet Tech -This Ballet class will focus strictly on Ballet Technique for older students and is great for the student who wants to improve their overall dance performance. Ballet Tech will not participate in the Year End recital.

Open Jazz Competitive - Open Jazz Comp - For the student looking to participate in competition but is not yet recommended for a regular competition class. This class will focus on perfecting the students technique. *The Open Jazz Comp class has a Ballet or Ballet Tech requirement.*

Jazz – Jazz is a fundamental dance form that complements all other dance forms. Jazz classes are comprised of a warm-up, centre work and progressions including jumps and turns. Technique and style through choreography are emphasized. Students will learn progressive skills, jazz combinations and routines. Jazz is offered to all ages from beginner to advanced. All of our jazz classes perform in both our Simply Christmas and Year-End Recitals.

Tap – Make music with your feet! Students will learn basic, progressive and intricate tap steps and rhythm combinations. Develop and improve timing, rhythm, and coordination. Once you start tapping, you'll never want to stop! All of our tap classes perform in both our Simply Christmas and Year-End Recitals.

Lyrical – combines the beauty and grace of ballet and the style and strength of classical jazz. Balance, extension, and control are developed. Lyrical is offered to all ages from beginner to advanced. All of our lyrical/contemporary classes perform in both our Simply Christmas and Year-End Recitals.

Hip Hop – Dance to your favourite hip hop music and learn all the current dance steps from today's popular music videos! This program is a high-energy dance experience that is fun for dancers of all ages! All of our Hip Hop classes perform in both our Simply Christmas and Year-End Recitals.

Contemporary – Contemporary dance is a style of expressive dance that combines elements of several dance genres including modern, jazz and ballet. We strive to connect the mind and the body through fluid dance movements which allows students to explore their individual dance style outside of the structure of traditional ballet and jazz classes.

Triple Threat Day Program (by recommendation or audition) – Our Triple Threat Day Program (Wed, Thurs. & Fri. – 2pm-4pm) provides the opportunity for dedicated young performers to immerse themselves in a theatre setting, honing their musical theatre skills and learning the disciplines that will make them well rounded Triple Threat performers. These are classes designed to teach dance technique and enhance vocal and acting skills for future endeavors in the performing arts. To be considered for our Triple Threat Day Program, one must have experience in the three aspects of musical theatre: Acting, Dancing & Singing. Triple Threat Program may have additional competition fees.

Triple Threat students are required to take a Lindbjerg musical theatre class as well as a dance class.

Private Dance Classes – Have you dreamt of having the spotlight all to yourself or maybe being part of a super exciting duo or trio number? Spots are available for private or semi-private dance classes. Students must sign up for a minimum of 5 solo classes and then refresher classes as needed as competition draws near. Private Dances may perform in Competition Showcase Recital.

Private Voice Lessons – Private voice lessons are available throughout the week at the studio. Vocal students may perform at the Year End Vocal recital.

All Classes Run September – June

Location: #7 – 75 Blue Mountain Street, Coquitlam, B.C.

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